

# **Health*Right* Rx**

## **Increasing Access to Prescription Medications through Patient Assistance Programs**

By

Jarone Lee

*April 2003*

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**ABSTRACT**

**HealthRight Rx: Increasing Access to Prescription Medications through Patient Assistance Programs**

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Objective: Access to prescription drugs is a major health care policy issue facing the United States. With few long-term national solutions on the horizon for the uninsured and the non-Medicare under-insured, many Americans must look increasingly to state and community-level solutions for access to prescription drugs. This Community Based Master's Project (CBMP) outlines an initiative and poses a set of related policy recommendations that address this problem. The initiative and policy recommendations are aimed at systematically assisting Philadelphia's safety-net providers to take better advantage of the pharmaceutical industry's programs that offer free prescription medications to disadvantaged individuals – Patient Assistance Programs (PAPs). The project was developed for HealthRight, Inc., a federally funded community agency comprised of North Philadelphia's safety-net providers.

Methods: This project involved three steps: (1) Assessing potential challenges and solutions by examining current literature, initiatives in other communities, and the current landscape of Philadelphia's safety-net providers; (2) Designing a program based on this assessment for a multi-provider environment, in which qualified patients can be systematically enrolled in PAPs; and (3) Planning and successfully implementing a pilot program at two sites.

Results: Through negotiations between HealthRight and health care providers, a program for enrolling patients in the PAPs, called *HealthRight Rx*, was created and successfully tested at two pilot sites. The process was built to be as patient and provider friendly as possible. After a month and a half of piloting, *HealthRight Rx* has assisted 19 patients with 53 separate PAP applications.

Conclusions: *HealthRight Rx* represents an effective approach to accessing PAP drugs that can be readily replicated throughout the Philadelphia area and beyond. Furthermore, the success of the pilot projects demonstrate that even during a period of limited resources, there are real opportunities and resources available for collaboration between community-based organizations and committed health care providers to provide for disadvantaged populations.

## INTRODUCTION/SPECIFIC AIMS

According to the Kaiser Family Foundation, approximately 25% of the United States (US) population has no insurance coverage for prescription drugs (Kaiser Family Foundation, 2001). Of this 25%, a little over half are uninsured, with the rest under-insured (Kaiser Family Foundation, 2001; US Census Bureau, 2002). With few long-term solutions on the horizon for providing prescription drug coverage to the uninsured and the non-Medicare under-insured, these figures are expected to rise. To address this growing need for prescription drug access, most pharmaceutical companies have Patient Assistance Programs (PAPs) that offer free

prescription medications to the disadvantaged (PhRMA, 2003b). Unfortunately, because of the time-commitment required to enroll patients into PAPs, health care providers in Philadelphia make little to no use of them. Many patients are left to find their own means for obtaining medications.

HealthRight (HR), a non-profit organization comprised of North Philadelphia's safety-net providers, aimed to increase use of PAPs among its provider network to treat chronically-ill patients. Based on this goal, the following three steps were carried out for this Community Based Master's Project (CBMP):

1. Examination of existing models and programs across the nation aimed at increasing access to prescription pharmaceuticals for the indigent, with an emphasis on PAPs;
2. Design a program based on the information gathered;
3. Plan and implement a pilot project at two sites to work systematically with PAPs.

## BACKGROUND AND SIGNIFICANCE

### Access to Prescription Medications: A National Problem

The number of prescription drugs dispensed in the United States nearly doubled from 1.8 billion to 3.0 billion between 1992 and 2000 (Kaiser Family Foundation, 2001). Overall, the average retail price of a prescription drug rose at a greater rate than general inflation, from \$22.06 in 1990 to \$45.79 in 2000 (Kaiser Family Foundation, 2001). As the use and the cost of drugs rose, health plans have shifted drug costs to the insured consumer by raising premiums and/or copays. Confronting these higher insurance costs, many consumers will either be forced to join health plans with little to no prescription drug coverage or drop their health insurance coverage completely.

This growing population of uninsured and under-insured are charged retail prices for their drugs without the deep discounts that are made available by drug manufacturers to health insurers, pharmacy benefit managers, and large volume drug purchasers. Ultimately, the uninsured will find themselves paying the highest retail prices for prescription medications, in turn forcing them often to limit or forego use of prescription drug treatments.

Barring any major national solution, many Americans will have to rely increasingly on safety-net providers for medications. These safety-net providers in turn depend heavily on drug samples (Richardson, 2003; Volunteers in Health Care, 2001). Unfortunately, the limited supply of drug samples only offers an effective short-term solution.

In addition to drug samples, a few community-based health care centers have sufficient financial resources to offer their uninsured and under-insured patients comprehensive access to medications. This method involves dispensing medications to the patient at a reduced price or free of charge. The health care centers absorb a majority of the costs. To help reduce the burden of this cost, there are two drug-discounting options that can be explored:

**(1) Bulk Purchasing Programs (BPPs):** Bulk Purchasing Programs (BPPs) are programs created to offer discounted drug pricing to eligible parties. Currently, there is one federal BPP that sets a ceiling-price on drugs sold to eligible safety-net providers. This particular program was established by section 340B of the Public Health Service Act (PHS) and then amended by section 602 of the Veterans Health Care Act (Office of Pharmacy Affairs, 2002). As a result, this program has collected a myriad of names – 340B, 602, PHS, discount, and ceiling pricing (Office of Pharmacy Affairs, 2002).

**(2) *Private Negotiations:*** Another method to assist community-based health care providers with their prescription drug costs is through direct negotiations with drug distributors and manufacturers. Some drug distributors (especially local private pharmacies) are willing to enter into agreements to better serve the disadvantaged. One good example is the Middlesex (Connecticut) Community Access Program (MCAP). MCAP, as a not-for-profit clinic serving the uninsured, has a strong relationship with a nearby private pharmacy. Through collaboration and a strong philanthropic commitment to providing for the underserved, this pharmacy provides free and inexpensive medications to its uninsured population.

In addition to negotiating with drug distributors, providers can also enter into agreements with drug manufacturers. Similar to MCAP's collaboration with a local pharmacy, the West Virginia Health Right (WVHR) has successfully contracted with a local drug distributor. The agreement provides WVHR with pricing similar to, and at times better than those offered by 340B.

Unfortunately, even with drug discounts there is a real risk that health centers will not be able to sustain the financial burden of paying for medications much longer.

### **Another Option for Safety-net Providers: Patient Assistance Programs**

Another cost-effective option that safety-net providers can explore is to tap into Patient Assistance Programs (PAPs). PAPs are programs created by the pharmaceutical industry that offer low-income individuals time-limited supplies of needed prescription medications for free.

The first program was created in 1978 by Stuart Pharmaceuticals for their breast cancer treatment drug, Nolvadex (AstraZeneca, 2003a; Kunsio, 2003). At that time, Nolvadex had just become available on the market and, as a result, was expensive and not covered by most health plans (AstraZeneca, 2003b; Kunsio, 2003). Responding to physicians advocating for patients who could not afford Nolvadex, Stuart Pharmaceuticals created a program that offered Nolvadex for free to low-income individuals (AstraZeneca, 2003a; Kunsio, 2003). Following this success, many physicians and patient advocates began lobbying other pharmaceutical companies to create similar programs (Bell, 2003; Kunsio, 2003). With the creation of more programs, there followed a culture shift in the pharmaceutical industry towards philanthropic care. PAPs not only provided tax-deductions for the drug companies through their respective foundations, but also built better relationships with many physicians and communities (Bell, 2003; Kunsio, 2003). As a result, there currently are over 130 pharmaceutical company programs offering over 862 different medications through PAPs (Needy Meds, 2003; PAPrx, 2001; PhRMA, 2003a).

Each PAP is independently operated by the pharmaceutical company's foundation (e.g. AstraZeneca Foundation) which, because of anti-trust laws, is not allowed to have a direct connection with the business unit or other programs (Bell, 2003; Kunsio, 2003). As a result, the application process and eligibility requirements vary greatly depending on the PAP, making enrolling patients in these programs very work intensive. Furthermore, PAPs generally provide only a 90 day supply of medications, so patients requiring long-term supplies must continually reapply. Because most safety-net providers do not have the staff and time available to devote to working systematically with these programs, they make only sporadic use of them. Yet, by enrolling qualified patients into PAPs, many providers can move away from depending on drug samples. Some providers may also be able to reduce the financial burden incurred from directly purchasing medications for their disadvantaged patients, especially the chronically-ill.

Based on these advantages, the national use of PAPs rose steadily from 1.1 million patients serviced in 1997 to 3.5 million patients serviced in 2001 (PhRMA, 2003b). However, 3.5 million represents only a small fraction of patients who are in need and eligible for these programs. As is the case nationally, many of Philadelphia's safety-net providers currently make little to no use of PAPs. Though under-utilized, PAPs represent an invaluable resource for both individual patients and health care providers, and thus present a unique opportunity for expanded use in Philadelphia.

### **Philadelphia Environment: Patient Assistance Programs**

In 1977, Philadelphia's only public hospital (Philadelphia General Hospital – PGH) closed and left Philadelphia's indigent population in the care of eight city-run municipal health centers (District Health Centers – DHCs), not-for-profit community-based health centers (e.g. Federally Qualified Health Centers), and area hospitals (City of Philadelphia, 2003). The fallout of PGH's closure resulted in the DHCs and not-for-profit health centers providing the bulk of primary care services to the indigent, with specialty service referrals to area hospitals.

Interestingly, a side-effect of this new system was that the DHCs and the financially-able community-based health centers – not-for-profit federally-qualified health centers (FQHCs) – became the *primary* dispensaries of medications to Philadelphia's disadvantaged. This resulted because of some important changes made in the health care delivery environment during the 1980s and 1990s: (1) the cost-conscious use of managed care to shift the focus of health care services from in-patient to out-patient primary care (e.g. physician gatekeepers); (2) the steady increase in the number of uninsured and under-insured; (3) the progressive use and reliance on prescription drugs for patient care; and (4) the steady rise in drug costs (Lee and Estes, 2001; Stevens, 1989; Starr, 1982).

Currently, the DHCs dispense approximately 560,000 prescriptions, which cost the City approximately \$10 million annually (Benson, 2002). In an attempt to reduce this financial burden, the DHCs and some not-for-profit FQHCs have begun exploring various methods to cut their prescription drug expenditures – e.g. BPPs, Private Negotiations, and PAPs. Some safety net providers have already enrolled in or begun enrolling in the 340B drug purchasing program, while others entered into agreements with local pharmacies to receive discounted drug pricing.

Some Centers also use PAPs, but in these Centers few eligible patients are enrolled and only for a few medications. Yet, by increasing enrollment of qualified patients into PAPs, these Centers will be able to provide needed medications to their disadvantaged patients. Furthermore, the DHCs and some not-for-profit FQHCs can reduce the financial burden incurred from directly purchasing medications for patients who are qualified for PAPs. As a result, there is a need to create a centralized program that Philadelphia's safety-net providers can use to systematically enroll patients into, and thus take full advantage of, PAPs.

### **HealthRight, Inc. and Patient Assistance Programs**

HealthRight (HR) is a federally-funded 501(c)3 organization structured as a consortium of Philadelphia's safety-net providers, established to design and implement a model system of health care for the chronically-ill uninsured in North Philadelphia. By assisting HR's network of safety-net providers gain access to free and low-cost medications through the PAPs, HR will ultimately improve the quality of care rendered, improve access to medications, and reduce the financial burden of providing care to the uninsured.

HR's consortium is comprised of DHCs, not-for-profit FQHCs, hospitals, and nurse-managed primary centers. Currently, the following providers have made commitments to HR's goals:

- *District Health Centers* – Community Health Center 5, Community Health Center 6, and Strawberry Mansion;
- *Federally Qualified Health Centers* – Fairmount Primary Care Center, Maria del los Santos Health Center, Hunting Park Health Center, Broad Street Health Center, Quality Community Health, Covenant House, and Hope Clinic;
- *Hospital Systems* – Albert Einstein Medical Center, Temple University Health System, and North Philadelphia Health System;
- *Nurse-Managed Primary Care Centers* – La Salle Nursing Center, Association de Puertoriquenos en Marcha (APM) Community Nursing Center, Temple Health Connection (THC), and Eleventh Street Family Health Services of Drexel University (Eleventh Street).

Grants from the federal government's Community Access Program (CAP) are the primary source of funding for HR. CAP grants are awarded by the federal government to communities that are actively designing and implementing more coordinated, efficient, and cost-effective health care systems for the uninsured (Health Resources and Services Administration, 2002). The CAP grant provides only limited funds for direct services to patients. Nevertheless, the network of

providers assists HR enrollees with access to the following services (Health Federation of Philadelphia, 2000):

1. assistance with gaining access to the health insurance market (public and private programs);
2. designation of a 'medical home' for primary care;
3. access to hospital-based specialty services;
4. access to acute care services;
5. access to mental/behavioral health (psychiatric, substance abuse, and counseling); and
6. care-coordination/management (social services, coordination of referrals and services, and compliance support).

HR's service area is Central North Philadelphia within the following contiguous zip codes – 19120, 19121, 19122, 19123, 19125, 19126, 19130, 19132, 19133, 19134, 19140, 19141, and 19144. The adult population of this target service area is 229,851, or 27% of the City's adult population (Health Federation of Philadelphia, 2000; Health Strategies & Solutions, 2002). The target population is uninsured adults between the ages of 19 and 64, diagnosed with diabetes (ICD 250-250.9), chronic respiratory (ICD 460-519) or cardiovascular disease (ICD 390-459) – an estimated 12,000 persons (Health Federation of Philadelphia, 2000; Health Strategies & Solutions, 2002). It is the poorest section of the City, with the highest proportion of unemployed, uninsured and chronically ill persons, and is home to most of the city's immigrant and refugee populations (Health Federation of Philadelphia, 2000). Within this community, 61,600 reported having high blood pressure, 23,215 reported having asthma, and 15,630 reported having diabetes (Health Federation of Philadelphia, 2000). Overall, 28,000 adults reported being uninsured, of which 17,300 (62%) had incomes below 150% of the federal poverty level (Health Strategies & Solutions, 2002).

As is the case nationally, the majority of the uninsured are employed – 44% claiming full-time and 18% part-time employment (Health Federation of Philadelphia, 2000; Health Strategies & Solutions, 2002). However, many of these adults have low paying jobs that do not offer health insurance or affordable alternatives. In recent years, there has been a significant increase in the number of area businesses that do not insure their workers. Based on a 2000 survey of 228 small-business employers in North Philadelphia, none of the firms provided health insurance to all of their employees, with a staggering 75% not offering coverage at all (Health Federation of Philadelphia, 2000; Health Strategies & Solutions, 2002). High cost was the primary reason cited (Health Federation of Philadelphia, 2000; Health Strategies & Solutions, 2002). Through HR providing better coordination of care, health promotion activities, and access to a full continuum of care, the chronically-ill members of this population should be able to better control their health needs and reduce the financial burden on the providers. Ultimately, HR hopes to implement its program across all of Philadelphia.

## **DESIGN AND METHODS (WORKPLAN)**

### **Overview**

This project designed and planned a pilot *HealthRight Rx*, a program that encourages and assists HR's providers to work systematically with PAPs.

### **Target Population**

The program was designed for HR's target population as described previously.

## Methods

HealthRight Rx was created in a succession of stages: (1) reviewed background literature; (2) researched current best practices of other programs; (3) determined what is being done by HR's providers; (4) developed a range of options that HR's providers can use based on what was learned; (5) planned and assisted with the implementation of pilot projects; and (6) prepared a plan for expanding the pilot project to all HR provider sites, and ultimately citywide.

**Stage (1):** *Background literature review* involved conducting a review of programs across the nation that are designed to increase prescription drug access for the indigent. The review was not limited to programs using PAPs, but also examined programs that used BPPs (e.g. 340B) and those that had private agreements with drug distributors.

**Stage (2):** Using the list of programs gathered, we (my HR colleague, Lauren Goldstein and I) then examined *the current best practices of these programs*. This stage required identifying programs that worked specifically with PAPs. Many programs were created and designed to work with specific health care provider groups or populations – e.g. hospital systems or diabetics respectively. Undoubtedly, we learned much from these programs. However, we wanted to design a program that can be used in a multi-provider setting, so we identified and sought out third-party type programs with expansive provider networks. HR's access to other CAP grantees played an invaluable role during this stage.

**Stage (3):** Concurrently carried out with Stage 2, in this stage we *determined how HR's providers are providing medications to their uninsured and underinsured populations*. We created a database containing information on the use of PAPs, 340B, and private agreements with drug distributors.

**Stage (4):** Next, we *developed a range of options based on what was learned* in the previous stages. Based on this information, we formulated different options for how the HR providers can better use PAPs. The options ranged from having most of the workload centralized at HR to most of the workload shifted to the providers. We also selected one HR provider that would be the best site for the pilot project.

**Stage (5):** With a variety of options formulated and a site chosen, we then began *planning a pilot project*. We worked with the administrators and health care providers to develop a flow-process for how best to enroll their patients in PAPs. The pilot helped us iron out many important details, thereby providing guidelines that will be useful for expanding to other HR sites. Because of the time-constraints of this project, we were only able to assist with the implementation of two pilots.

**Stages (6):** The last phase of this project was to develop a plan for *expanding the pilot to all the HR's providers and eventually city-wide*.

## Timeline

Table A shows the timeline for the development of HealthRight Rx.

**TABLE A: Development Timeline for HealthRight Rx**

*HealthRight, Inc.*

Activity	Aug '02	Sept '02	Oct '02	Nov '02	Dec '02	Jan '03	Feb '03	March '03	April '03	May '03	June '03+
<b>BACKGROUND (Stages 1, 2, and 3):</b>											
<b>Background Literature Search</b>											
<b>Gather Background on HealthRight Providers:</b>											
- Learn About Current Projects/Programs at Hospitals and FQHCs											
- Determine Drug Availability of Providers (e.g. Formulary)											
<b>Investigate HIPAA Regulations:</b>											
- HIPAA Presentation/Seminar											
- Contact Volunteers in Health Care about HIPAA and RxAssist											
<b>Investigate Patient Assistance Programs (PAPs):</b>											
- RxAssist Software											
- Look for Travel Funding											
- Contact Other Programs											
- Investigate PA Power of Attorney Rules											
- Commercial Databases											
<b>Investigate Bulk Purchasing:</b>											
- Contact Office of Pharmacy Affairs											
- Followup with Fairmount Health Center 340B Pilot											
- Investigate Possibility of Piloting 340B at Other Provider Sites											
- Contact/Visit Pharmacies in North Philadelphia											
<b>Investigate Other Possibilities:</b>											
- Partnership with Temple School of Pharmacy											
- Partnerships with Caring Foundation/MCOs											
<b>INITIAL IMPLEMENTATION (Stages 4 and 5):</b>											
<b>Develop Range of Options for HealthRight Providers:</b>											
- Meet with HealthRight Providers to Discuss Options											
- Plan Pilot Project											
- Implement Pilot Project											
- Analyze Results of Pilot Project											
<b>EXPANSION (Stages 6 and 7):</b>											
Plan Expansion Beyond Pilot Sites											
Begin Pilot Projects at Other Provider Sites											
Implement Program for all HealthRight Providers and Patients											
Expand Program Citywide											

LEGEND:

 Timeline for CBMP Project

 To Be Completed by Another Project

**RESULTS**

**Background Research/Other Programs**

After an initial literature and environment review, we identified 28 communities that were in some stage of developing a pharmaceutical access program. These

communities were found through two resources: (1) HRSA's Field Office and (2) Health Research and Educational Trust (HRET) listserv.

**HRSA's Field Office:** Because of HR's CAP grantee status, we received much needed assistance from Philadelphia's HRSA field office. Dennis Gallagher, the HRSA program officer for HealthRight's CAP grant, was especially helpful. Mr. Gallagher was able to put us in contact with other regional CAP grantees that were working with PAPs.

**HRET listserv:** An email, requesting information from other programs, was sent to the American Hospital Association's HRET listserv. The HRET listserv put us in contact with many people who were part of functional programs that used PAPs to provide medications to the indigent. Table B lists the programs contacted for the development of HealthRight Rx.

**TABLE B: Programs Contacted for the Development of HealthRight Rx**

	Organization	Location
1	ByNet	Franklin, LA
2	Central Virginia Community Health Center	Axton, VA
3	Chenango Health Network	Norwich, NY
4	Christus Medical Group	Houston, TX
5	Community Health Advocate	Pittsburgh, PA
6	Colorado Springs Osteopathic Foundation	Colorado Springs, CO
7	Coordinated Care Network	Pittsburgh, PA
8	Detroit Health Department	Detroit, MI
9	Fletcher Allen Health Care	Burlington, VT
10	Health District of Northern Larimer County	Fort Collins, CO
11	Indigent Care Collaboration	Austin, TX
12	MedBank Georgia	Savannah, GA
13	MedBank Maryland	Maryland, MD
14	Med Data Services	Grapevine, TX
15	Memorial Health University Medical Center	Savannah, GA
16	Middlesex Community Access Program	Middletown, CT
17	Multnomah County Health Department	Portland, OR
18	Office of Pharmacy Affairs	Bethesda, MD
19	Our Lady of Lourdes Memorial Hospital, Inc.	Binghamton, NY
20	Pharma/DUR, Inc.	Philadelphia, PA
21	Phoenixville Area Community Services	Phoenixville, PA
22	PPCUP	Pittsburgh, PA
23	Rural Health Network of South Central New York	Binghamton, NY
24	The Medicine Program	Doniphan, MO
25	The Planning Council	Norfolk, VA
26	VCU/REACH CAP Project	Richmond, VA

27	Volunteers in Health Care	Pawtucket, RI
28	West Virginia Health Right	Charleston, WV

From conversations with staffs of the programs in Table B, the following obstacles were identified for setting up a PAP processing system in a multi-provider setting similar to HR's:

***Complex Application Handling*** – The most prominent obstacle that all the programs in Table B encountered was their inability to find an efficient method for completing the application forms for individual patients. This is a unique problem for programs that are off-site from the provider (e.g. HR). Off-site programs had to find the most efficient method of gaining signatures, income verification materials (e.g. tax returns and W2s), original prescriptions, and other needed materials from the prescriber and patient. This required good patient and provider education, as well as strong working relationships with the providers. Off-site programs identified two major bottleneck points: (1) provider-level bottleneck and (2) patient-level bottleneck.

1. Provider-level bottleneck – At minimum, all the applications require the provider's original signature and license information. With very busy schedules, the provider can often neglect, lose, or misplace the applications. As a result, many programs have experienced delays in submitting the applications. The most common remedy for this problem is to continually remind the prescriber with a call or a visit until the application is completed. More often than not, programs only get involved with filling out the applications and do not follow up with the provider.
2. Patient-level bottleneck – Similar to the provider-level bottleneck, all the applications require at least the patient's original signature. Many of the applications require extensive financial information and proof of income (e.g. tax-returns and W2s). At some point, all this information must be gathered and included with an application. However, this bottleneck is not as big of a problem as the provider-level bottleneck. This is because most programs that assist with PAPs have processes that are patient-initiated. As a result, the patients are adamant about completing the applications and produce the needed documents quickly.

One solution that some programs have used to overcome these bottlenecks is to gain power-of-attorneys from the patient and/or prescriber. By allowing for an authorized signature by a third party, this eliminates the hassle of gaining signatures so that PAPs can be completed without a face-to-face visit with the patient and/or prescriber.

***Changing Application Forms, Eligibility Requirements, and Programs*** – Changing application forms, eligibility requirements, and programs are a major problem. Changes take place for many reasons – drug company mergers, funding changes, application form updates, etc. Unfortunately, in general the drug companies do little to notify the beneficiaries and applicants of PAPs regarding changes. There are many anecdotal stories of patients waiting for medications, only to find out months later that their application was rejected due a change in the form.

Fortunately, there are computer databases available to help keep up with the changes. Some databases charge a nominal fee for each application accessed, while others are available for free. The two commonly used free databases are: (1) RxAssist and (2) Needy Meds. RxAssist is available through Volunteers in Health Care, a not-for-profit organization committed to providing for the uninsured (Volunteers in Health Care, 2003a). However, RxAssist is relatively new and as a result is not as comprehensive as some of the commercial databases. Needy Meds is a website-based database containing most of the current medications and applications. Needy Meds is regularly updated and is available to anyone with access to the internet (<http://www.needymeds.com>). Many not-for-profit programs across the nation concurrently use RxAssist and Need Meds to help their patients. Generally, drugs and PAPs that RxAssist lacks can be found on Needy Meds and visa versa.

**Reapplication Process** – Similar to the wide variation in the PAP application processes, there is also great variation in the reapplication process. Some programs require the patient to resubmit income verification annually, while others require resubmission every few months. One program also has ‘break periods’ in the medication allotment. The medications are offered in "3 month on and 1 year off" intervals. Most programs address this issue by setting up a database to track when patients need to reapply.

**Delay of Initial Supply of Medications** – Another major problem identified is the two to three month delay before the first round of medications is received. This is especially problematic for patients in need of life-sustaining medications. As a result, many other programs have made emergency funds or emergency supplies of medications available to patients during this gap period.

**Distribution of Medications** – Once a patient is enrolled in a PAP, the medications have to be delivered and distributed. In most cases, distributing the drugs becomes the responsibility of the provider site. As a result, the provider has to be committed to handling, tracking, and distributing the medications. Depending on the provider, this could require a big time-commitment. Small clinics and practices can handle the medications similar to drug samples, except that each drug received must go to one specific patient. These smaller sites also know the patients well and should have little problems distributing and tracking the medications. Larger clinics with an in-house pharmacy will also have less difficulty because they should already have systems to handle the new medications. Medium-sized clinics without an in-house pharmacy will have the hardest time adjusting to this extra burden. Medium-sized clinics are big enough to see a large population of patients eligible for the PAPs, but too small to have the extra staff required to handle the drugs. Many of HR’s provider sites fall in this group. As a result, distributing drugs will become a greater issue as HealthRight Rx expands beyond the initial pilots.

In addition to these process issues, a few unique considerations that were brought up by some of the programs:

**Provider Prescribing Habits** – Enrolling individuals in the PAPs will require some safety net provider sites to add brand-name medications to their formularies. For example, patients with hypertension, who had previously received generic medications through the health center’s charity efforts, can now receive a continuous supply of brand-name medications through one of the PAPs. This saves the patient and the health center money, but will also change the provider’s prescribing habits. So instead of prescribing a clinically equivalent generic, the provider will prescribe the brand-name drug, counteracting the cost-conscious behavior of prescribing cheaper generics over expensive brand-names.

**Privacy of Patient Information** – Because PAP applications require confidential patient information, many programs transfer patient information electronically (fax, email, and/or internet) to complete the applications. With the privacy standards from the Health Insurance Portability and Accountability Act (HIPAA) regulations coming into effect on April 14, 2003, measures have to be taken to ensure privacy of patient information. Programs have raised this issue not as a major problem, but instead as something to take into consideration.

**Quality of Care** – Enrolling individuals in the PAPs could result in uninsured patients receiving a perceived higher level of medical care than the insured, or others who could not qualify for PAPs. For example, the PAPs allow for uninsured patients to receive drugs like celecoxib for arthritis, while their insured counterparts receive ibuprofen for the same conditions. This perceived inequality could create an ethical dilemma for those working at increasing equity in healthcare.

## HealthRight’s Providers

Table C shows what HR’s providers are currently doing about providing medications to their uninsured and under-insured patients. HR’s providers were asked about five different options: (1) use of drug samples (**DS**); (2) use of PAPs (**PAP**); (3) participation in bulk replenishment PAPs (**BRP**); (4) agreements with drug

distributors through private negotiations (PN); and (5) participation in 340B (340B).

<b>HealthRight Provider</b>	<b>Affiliated Organization</b>	<b>DS</b>	<b>PAP</b>	<b>BRP</b>	<b>PN</b>	<b>340B</b>
<b>Hospitals</b>						
Girard Medical Center	North Philadelphia Health System	Yes	No	No	No	No
St. Joseph’s Hospital	North Philadelphia Health System	Yes	Limited	No	No	No
Albert Einstein Medical Center	Albert Einstein Healthcare Network	Yes	No	No	No	No
Germantown Hospital	Albert Einstein Healthcare Network	Yes	No	No	No	No
Temple University Health System	Temple University Health System	Yes	Limited	No	-	No
Temple Hospital at Episcopal	Temple University Health System	Yes	Limited	No	-	No
Temple East, Northeastern Hospital	Temple University Health System	Yes	Limited	No	-	No
<b>Federally Qualified Health Centers</b>						
Fairmount Primary Care Center	Delaware Valley Community Health	Yes	Limited	No	Yes	Yes
Maria del los Santos Health Center	Delaware Valley Community Health	Yes	Limited	No	Yes	Yes
Finley Health Center	Quality Community Health Care, Inc.	Yes	Limited	No	Yes	Yes
Meade Health Center	Quality Community Health Care, Inc.	Yes	Limited	No	Yes	Yes
Quality Community Healthcare	Quality Community Health Care, Inc.	Yes	Limited	No	Yes	Yes
Vaux Health Center	Quality Community Health Care, Inc.	Yes	Limited	No	Yes	Yes
Hunting Park Health Center	Greater Philadelphia Health Action, Inc.	-	-	-	-	-
Hadington Health Center	Spectrum Health Services, Inc.	Yes	Limited	No	Yes	No
Broad Street Health Center	Spectrum Health Services, Inc.	Yes	Limited	No	Yes	No
Convenant House Health Services	Covenant House	-	-	-	-	-
Hope Clinic	Hope Worldwide	Yes	Limited	No	No	No
<b>District Health Centers</b>						
District Health Center 5	City of Philadelphia	Yes	No	Yes	No	Yes
District Health Center 6	City of Philadelphia	Yes	No	Yes	No	Yes
District Health Center 9	City of Philadelphia	Yes	No	Yes	No	Yes
Strawberry Mansion	City of Philadelphia	Yes	No	Yes	No	Yes
<b>Nurse-Managed Primary Care Centers</b>						
La Salle Neighborhood Nursing Center	National Nursing Centers Consortium	Yes	No	No	No	No
Association de Puertoriquenos en Marcha, Inc.	National Nursing Centers Consortium	-	-	-	-	No
Temple Health Connection	National Nursing Centers Consortium	Yes	Limited	No	No	No

Abbreviations: Drug Samples (DS), Patient Assistance Programs (PAP), Bulk Replenishment Programs (BRP), and Private Negotiations (PN)

**Hospitals** – Officials at both the North Philadelphia Health System (NPHS) and Temple University Health System (TUHS) stated that they tap into PAPs when possible. In addition, officials at Albert Einstein Healthcare Network (AEHN) and TUHS said that uninsured and under-insured patients upon discharge are given short supplies (3 days and 7 days worth respectively) of drugs and a referral to a DHC. We were not able to find out if TUHS had private agreements with local pharmacies for their uninsured and under-insured patients.

***Non-Hospital Providers*** – Many of the other HR provider sites report use of PAPs. However, they all report that they have no formal process for using the PAPs. As a result, there is only limited and sporadic use. An administrator at Delaware Valley Community Health (DVCH) stated that it has social workers that help patients apply for PAPs. However, the social worker only helps with the PAPs when time permits. In addition, the centers that assist patients with PAPs only assist with a few programs. For example, staff at Spectrum Health Services (SHS) only helps patients apply for the GlaxoSmithKline Beecham and Merck PAPs.

### **Piloting HealthRight Rx**

The HealthRight Rx pilot began at two provider sites on February 25, 2003: – (1) Temple Health Connection and (2) Eleventh Street Family Health Services of Drexel University (Eleventh Street).

#### ***Pilot Site 1: Temple Health Connection (THC)***

Contact: Dr. Donna L. Brian, Director

Address: 1035 West Berks Street, Philadelphia, PA 19122

Phone: 215.765.6690

Fax: 215.765.7694

THC is a small nurse-run primary care center located in the heart of North Philadelphia. It has served approximately 500 patients, with an estimated 20-30 patients that could benefit from PAPs. The staff at THC is very dedicated to their community and patients and their administrative director, Dr. Donna Brian, was very accessible and interested. As a result, THC became the first pilot site.

Through discussions with Dr. Brian, we developed a process for HealthRight Rx and distributed the work involving use of PAPs according to the needs of THC. Currently, THC identifies a patient in need of HealthRight Rx and faxes the patient's phone number and list of medication to HR's main office. We decided that using a sticker was the best method for helping the THC staff identify that a patient was getting medications through HealthRight Rx. The sticker was tailored to THC's patient medication form. Appendix D includes a copy of the stickers created and how they look on THC's patient medication form.

Once a patient is identified by THC, HR staff will then call to fill out the enrollment application form for HealthRight Rx (Refer to Appendix C). The enrollment application contains the most commonly asked questions on PAP applications. Based on the information on the common application form, HR staff will check the availability and eligibility of the patient for the drugs needed. Using RxAssist, applications for a patient are printed out and filled out as completely as possible. A coversheet is then generated with specific instructions on what THC staff and the patient must do to complete the application (example in Appendix C). The filled-in applications and coversheet are then hand-delivered to THC. The THC staff will complete the applications, mail them off, and subsequently dispense the medications. Refer to Appendix D for the specific details about the agreed upon process.

In order for the patient to receive a continuous supply of drugs, the patient needs to resubmit application materials every few months. As a result, another major component of HealthRight Rx is to track the dates a patient needs to resubmit the PAP applications. For this pilot, we are tracking the dates both on paper and electronically. Refer to Appendix C for the paper form used to track the reapplication dates. Electronic tracking is done

through RxAssist. Since RxAssist stores the patient's medication information in Microsoft Access format, we can easily regenerate reports listing when a patient needs to reapply.

***Pilot Site 2: Eleventh Street Family Health Services of Drexel University***

***(Eleventh Street)***

Contact: Bernice L. Clark, Family Nurse Practitioner

Address: 850 West 11<sup>th</sup> Street, Philadelphia, PA 19123

Phone: 215.769.1100

Fax: 215.769.1119

Similar to THC, Eleventh Street is a small nurse-run primary care center located in North Philadelphia that sees approximately 400 patients. The clinical staff consists of only 1.5 certified nurse practitioners, 1 registered nurse, 2 medical assistances, and 1 mental health professional. The staff at Eleventh Street was very accessible and interested. As a result Eleventh Street became the second pilot site.

The process for piloting HealthRight Rx at Eleventh Street is similar to THC's process. Please refer to Appendix E for specific details.

**HealthRight Rx Pilot Results**

As of the beginning of April 2003, HealthRight Rx has assisted 19 patients with 53 separate PAP applications. On March 11, 2003, the first patient received medication through HealthRight Rx's assistance.

**Expansion of HealthRight Rx:**

A plan was created to expand HealthRight Rx beyond the two initial pilot sites.

Expansion will be done in three phases as shown in Table D: (1) Staff Recruitment; (2) HR-Wide Expansion; and (3) City-Wide Expansion.

**TABLE D: Expansion Timeline for HealthRight Rx**

*HealthRight, Inc.*

Activity	June '03	July '03	Aug '03	Sept '03	Oct '03	Nov '03	Dec '03	Jan '04	Feb '04	Mar '04	Apr '04	May '04	June 04	July 04+
<b>PHASE I - STAFF RECRUITMENT</b>														
Hire One Full-Time Director														
Recruit Volunteers and Part-Time Staff														
<b>PHASE II - HEALTHRIGHT-WIDE EXPANSION</b>														
- Hope Clinic														
- Delaware Valley Community Health (2 Sites)														
- Hunting Park Health Center (Part of GPHA)														
- Continue Recruiting More Staff														
- Quailty Community Health Care (4 Sites)														
- Expand to Other Greater Philadelphia Health Action Sites														
- City of Philadelphia (3 Sites)														
- Association de Puertoriquenos en Marcha, Inc.														
- Covenant House Health Services														
- Spectrum Health Services (2 Sites)														
- La Salle Neighborhood Nursing Center														
<b>PHASE III - CITY-WIDE EXPANSION</b>														
Expand Enrollment to Other Health Centers in Philadelphia														
Expand Enrollment to Community Based Organizations														

**Staff Recruitment** – The first phase involves recruiting a full-time director/manager and some volunteers and/or part-time staff for the program. The director will have the responsibility of not only working with the patients, but also the responsibility of exploring future directions for HealthRight Rx. This will involve building strong relationships with HR’s providers and other organizations and agencies. Furthermore, the director will have to work with HR’s Executive Director and Board of Directors to ensure the financial and administrative sustainability of the program.

In addition to hiring a director, recruiting volunteers and/or part-time staff for doing most of the patient work is integral to the sustainability of HealthRight Rx. Since working with the patients requires minimal technical skills, much of the patient duties can be done by part-time and volunteer staff. This will allow the director to concentrate on expanding and improving the program.

**HR-Wide Expansion** – The second phase involves enrolling patients into HealthRight Rx from new HR provider sites. After many of the kinks with the process are worked out at the two pilot sites, HealthRight Rx should expand to the Hope Clinic. The Hope Clinic is slightly bigger than THC and Eleventh Street and as a result will generate a greater volume of patients. This will allow the staff of HealthRight Rx to get acclimated to working with a greater volume before expanding to the bigger multi-clinic sites. Starting a pilot with the Hope Clinic should take no more than one month.

Next, HealthRight Rx should consider expanding to Delaware Valley Community Health’s (DVCH) two sites. Because DVCH is bigger and more complex than THC, Eleventh Street, and Hope Clinic, we estimate that it will take three months to work smoothly with DVCH’s two clinics. Many lessons will be learned about working with multi-provider clinics from the DVCH pilot. Ultimately, this will make expanding to the other multi-clinic sites in HR simpler.

After DVCH, Hunting Park should be considered as the next expansion site because of its affiliation with Greater Philadelphia Health Action (GPHA). GPHA is one of the largest health care provider networks in Philadelphia. As a result, if HealthRight Rx is expected to expand city-wide, it would be beneficial to consider expanding to Hunting Park sooner, as opposed to later. This will make working with GPHA’s other sites much easier in the future. Currently, Hunting Park is the only GPHA site within HR’s geographic boundaries. However, as both HR’s program and HealthRight Rx expand, many of GPHA’s sites are expected to become part of HR’s provider network.

At this point, HealthRight Rx will have enrolled a large number of patients. As a result, the director should consider recruiting more staff. Then, HealthRight Rx can expand to the rest of HR's provider network: the City of Philadelphia's DHCs, APM Community Nursing Center; Covenant House Health Services; La Salle Neighborhood Nursing Center; and any new centers recruited to HR's network.

**City-Wide Expansion** – Next, enrolling patients from non-HR clinics should be considered. In addition, there are many other points-of-entry that should be considered for patients into HealthRight Rx. For example, the Pennsylvania Health Law Project (PHLP) works with many patients who are in need of PAP assistance. As a result, HealthRight Rx should look into working the PHLP and other numerous community-based organizations in Philadelphia.

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## DISCUSSION

### Summary of Results

Designing and implementing HealthRight Rx took approximately eight months, with the last two months dedicated to planning the pilot. Two small nurse-run clinics began piloting HealthRight Rx on February 25, 2003 – THC and Eleventh Street. These were effective pilot sites because they conform to three major criteria. First, they both provided for a small and consistent patient population. This ensured that we were not overwhelmed by the number of patients. Second, both clinics had small staffs comprised of dedicated administrators and clinicians, where many of the clinicians doubled as administrators. This made it very easy to not only plan the pilot, but also communicate and fix problems that arose during the pilot. Third, both THC and Eleventh Street already had experience with PAPs, making for a smooth transition to piloting HealthRight Rx.

On March 11, 2003, the first set of medications was received by a patient enrolled in HealthRight Rx. As of the beginning of April, HealthRight Rx had assisted 19 patients with 53 separate PAP applications. The success of HealthRight Rx shows that even during a period of limited resources, there are real opportunities for community-based organizations and committed health care providers to provide for the disadvantaged if there is willing, meaningful, and carefully planned collaboration aimed at achieving that goal. As with prescription drugs, there may be many opportunities with other products and services available for the disadvantaged, which the busy and over-worked staffs of safety-net organizations do not have the time and/or skill to access.

### Unique Characteristics of HealthRight Rx

Developing and implementing HealthRight Rx within HR's provider network and Philadelphia's health care environment presented some unique obstacles. Unlike most programs in other cities, HR consists of many different types of health care providers. Some of the providers are small clinics serving a small patient population on an ongoing basis, while others are major institutions rendering care to a huge populace. As a result, HealthRight Rx had to be designed to handle variations in organizational structures, personalities, and cultures. We accounted for this by planning for a wide range of possible setups. For example, at some of the clinics, we would need to have a HR representative onsite to see the patients, while at other sites, we could deliver the completed PAP applications and follow-up every so often.

## **Funding Streams for HealthRight Rx**

For HealthRight Rx to be sustainable, new and continual funding sources have to be identified and pursued. During the course of this project, we applied for a grant with the Philadelphia Foundation. As of the writing of this paper, the Philadelphia Foundation is still reviewing our grant application. Because of the recent attention to the uninsured and prescription drugs, there should be many grant opportunities available for programs like HealthRight Rx. Furthermore, once the program is better developed, additional funding sources should be available.

## **Expanding to Delaware Valley Community Health (DVCH)**

Expanding HealthRight Rx to all HR providers should take a little over a year. The next major hurdle will be starting a pilot at Delaware Valley Community Health. DVCH was selected because it has only two clinics within HR's network, as compared to the City of Philadelphia with three and Quality Community Health Care (QCHC) with four sites. Spectrum Health Services (SHS) also has two sites affiliated with HR, but unlike DVCH, SHS's main site is not part of HR's network. Not having SHS's main site within HR's network would make SHS a difficult site in which to set up a pilot. As a result, DVCH seems to be the best site for the staff of HealthRight Rx to learn how to work with multi-clinic providers.

Also, DVCH would be the next logical site because HealthRight Rx offers an ideal fit to their use of 340B pricing for purchasing discounted drugs. This is because HealthRight Rx would enable DVCH to purchase drugs for their Medicaid patients through 340B, while enrolling their uninsured and under-insured patients in PAPs with HealthRight Rx's assistance. Thus, DVCH will not only realize the financial gains from their Medicaid patients through 340B pricing, but also reduce the financial burden of providing medications to their uninsured and under-insured patients.

Piloting at DVCH will take much time and effort because DVCH has two different clinic locations and a more complex administrative structure than THC, Eleventh Street, and Hope Clinic. Many issues that did not arise with the other pilot sites will become more prominent here. For example, there will be a greater need to have an explicitly defined process in place. Also, communicating issues and changing protocols will take longer to implement at DVCH than at the smaller one-clinic sites. However, once the DVCH pilot is up and running, expanding to the other multi-site providers will be simpler.

## **Expanding to the City of Philadelphia**

Currently, the City of Philadelphia is pursuing external contracts for enrolling their patients into PAPs. Because the outcome of these negotiations is currently unknown, expanding to the City of Philadelphia's DHCs was moved back on the timeline. Depending on what results, there might only be a limited role for HealthRight Rx in the DHCs. However, if the City's negotiations fall through then the director for HealthRight Rx should consider expanding to the DHCs sooner.

## **Future Potential of HealthRight Rx**

In addition to those served at the HR provider sites, there are many other populations of patients that can benefit from HealthRight Rx. In particular, attention could be directed at the large adult Medicaid population that does not have prescription drug coverage. The Pennsylvania Department of Public Welfare, and in particular the Philadelphia County Assistance Office, would be critical partners in expanding the reach of PAPs to this very vulnerable population.

Assuming that HealthRight Rx has successfully expanded city-wide, the director of HealthRight Rx should consider bringing HealthRight Rx to the attention of the legislators and public officials in Harrisburg. Following the examples of Florida and Hawaii, where the state governments have begun funding programs that assist qualified state residents with PAPs, HealthRight Rx could act as a focal point for such an initiative in Pennsylvania.

## CONCLUSIONS AND RECOMMENDATIONS

Access to prescription medications is a crucial issue currently facing the United States health care system. This problem affects not only the uninsured, but many of the insured as well. With few comprehensive solutions on the horizon, many Americans must look increasingly to community-based solutions for prescription drug access. In an attempt to address this need, HR designed and implemented HealthRight Rx to assist Philadelphia's safety-net providers to take better advantage of PAPs. HealthRight Rx represents an effective approach to accessing PAP drugs that can be readily replicated throughout the Philadelphia area and beyond.

Based on the success and future potential of HealthRight Rx, the following health policy recommendations were developed with respect to sustainability and expansion of the program:

### **HealthRight Rx Sustainability**

#### ***Recommendation #1: Maintain HealthRight Rx as an Internal Priority for HR***

Until another solution arises to provide drug coverage to the uninsured and under-insured in Philadelphia, there is a great need for HealthRight Rx's services. Recognizing this fact, HR should make the sustainability and expansion of HealthRight Rx a priority.

#### ***Recommendation #2: Recruit a Full-time Director/Manager***

Recruiting a full-time director/manager will greatly increase the sustainability of HealthRight Rx. The director must focus not only on improving patient care, but also on planning the future direction of the program.

#### ***Recommendation #3: Recruit Part-time and Volunteer Staff***

In addition to recruiting a director for HealthRight Rx, efforts should be put into recruiting part-time and volunteer staff that will help with the work with patients. Since filling out PAP applications requires only a minimal skill level, much of the duties with patients can be done by part-time and volunteer staff. Ultimately, this will allow the director more free time to plan and develop the long-term strategy of the program.

#### ***Recommendation #4: Look for External Funding Sources***

For HealthRight Rx to be sustainable, new and continual funding sources have to be identified and pursued. Because of the recent attention to the uninsured and prescription drugs, there should be many grant opportunities available for programs like HealthRight Rx. Furthermore, once the program is better developed additional funding sources should be easier to secure.

## **HealthRight Rx Expansion**

### ***Recommendation #5: Expand Incrementally***

HealthRight Rx should expand slowly and incrementally. Currently, HealthRight Rx is only piloting at two small sites. The next pilot site should be similar to THC and Eleventh Street, but with a higher volume of patients. This will enable HealthRight Rx's staff to work with a larger patient load. Only after this third pilot is running smoothly should HealthRight Rx consider expanding to the HR's multi-clinic sites.

### ***Recommendation #6: Expand Across the Commonwealth of Pennsylvania***

Once HealthRight Rx is established in Philadelphia, many other communities across Pennsylvania can benefit from HealthRight Rx's experiences and services. Following the examples of Florida and Hawaii, where the state governments have begun funding programs that assist qualified state residents with PAPs, HealthRight Rx could act as a focal point for such an initiative in Pennsylvania.

## **Health Policy Implications**

### ***Final Recommendation: Look to Community-Based Solutions for Health Care Reform***

The success of HealthRight Rx and similar programs across the nation demonstrates that even during a period of limited resources, there are real opportunities and resources available for collaboration between community-based organizations and committed health care providers to provide for disadvantaged populations. Therefore, future efforts and policy directions should look towards community-based solutions as a vehicle for health care reform.

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## LIST OF REFERENCES

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## **APPENDICES**

### **APPENDIX A**

Abbreviations

### **ABBREVIATIONS**

**340B** – Ceiling Drug Pricing Program for Qualified Safety-net Providers

**AEHN** – Albert Einstein Healthcare Network

**AHA** – American Hospital Association

**APM** – Association de Puertoriquenos en Marcha

**BPP** – Bulk Purchasing Programs

**BRP** – Bulk Replenishment Programs

**CAP** – Community Access Program

**CBMP** – Community Based Masters Project

**DHC** – District Health Center

**DHHS** – United States Department of Health and Human Services

**DS** – Drug Sample

**DVCH** – Delaware Valley Community Health, Inc.

**Eleventh Street** – Eleventh Street Family Health Services

**FQHC** – Federally Qualified Health Center

**GPHA** – Greater Philadelphia Health Action, Inc.

**HIPAA** – Health Insurance Portability and Accountability Act

**HR** – HealthRight, Inc.

**HRET** – Health Research and Educational Trust

**HRSA** – Health Resources and Services Administration

**Hunting Park** – Hunting Park Health Center

**MCAP** – Middlesex Community Access Program

**NPHS** – North Philadelphia Health Services

**PAP** – Patient Assistance Program

**PGH** – Philadelphia General Hospital

**PHLP** – Pennsylvania Health Law Project

**PHMC** – Philadelphia Health Management Corporation

**PHS** – Public Health Service Act

**PN** – Private Negotiations

**PhRMA** – Pharmaceutical Research and Manufacturers of America

**QCHC** – Quality Community Health Care, Inc.

**SHS** – Spectrum Health Services

**THC** – Temple Health Connection

**TUHS** – Temple University Health System

**US** – United States

**WVHR** – West Virginia Health Right

## **APPENDIX B**

## Description of RxAssist Plus

### **RXASSIST PLUS**

#### **Volunteers in Health Care Patient Tracking Software Information**

(Volunteers in Health Care, 2003b)

Volunteers in Health Care created the ***RxAssist Plus Patient and Medication Tracking Software*** to meet the needs of organizations helping low-income uninsured and underserved patients apply for medications through the pharmaceutical manufacturers' patient assistance programs.

***RxAssist Plus*** allows you to:

- Store and track information on patients, visits, and providers
- Easily add, delete, and search for patients
- Enter household income information and calculate how a household's income compares to the Federal Poverty Level
- Run detailed reports on the demographic characteristics of all patients seen
- Connect to the RxAssist website ([www.rxassist.org](http://www.rxassist.org)) to locate information on patient assistance programs and then download forms which are automatically filled out using previously entered information on patients and prescribers
- Track the status of applications to patient assistance programs
- Track medications dispensed to patients
- Run reports on the characteristics of clients you assist in applying to the pharmaceutical companies' patient assistance programs
- Run reports to assist in tracking the process of applying to pharmaceutical company patient assistance programs, including reminders about applying for a refill, alerts about outstanding applications, etc.
- Run reports on the proportion of applications to patient assistance programs companies approved and average delivery times
- Produce mailing labels for pharmaceutical company patient assistance programs and for the patients you help access these programs

**Version 3.0** adds new features, including:

- Simplified installation and upgrade procedures
- Improved download speed to allow users to download applications to patient assistance programs in less time than previous versions
- New security features, including a system of passwords and user names and an auto-logoff feature (in accordance with the HIPAA regulations)
- A new audit feature to allow organizations to track changes made to the database by patient name or user name (in accordance with the HIPAA regulations)
- Several new reports to allow users to track patient diagnoses, prescriptions dispensed, and other important actions more completely

**In order to use RxAssist Plus, your computer must meet the following specifications:**

Microsoft Windows 95, 98, 2000, NT, ME, or XP

Microsoft Office 97, 2000, or XP with graphics filters installed

100 MB Hard Disk Space

32 MB RAM

250 MHz Pentium Processor or Higher

CD-ROM drive

Internet access

**RxAssist Plus is available to any non-profit organization, governmental agency, or practicing clinician serving uninsured patients.** Our software is designed for organizations that have limited budgets for software, and we are committed to keeping the price of our software within reach of small budget organizations. Version 3.0 will cost \$200 which includes access to technical support by telephone and email. We will be releasing an updated version on an annual basis and will charge for each new version.

If you have additional questions about *RxAssist Plus*, please contact Volunteers in Health Care at (877) 844-8442. We also invite you to visit our website, [www.volunteersinhealthcare.org](http://www.volunteersinhealthcare.org), to learn about our other services and products designed for organizations serving the uninsured and underserved.

**APPENDIX C**



## Prescription Drug Assistance Program

### *Enrollment Application*

Date: \_\_\_/\_\_\_/\_\_\_

#### **Section I: Patient Information**

Patient's Name: \_\_\_\_\_

Apt. #: \_\_\_\_\_ PO Box: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_

Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Male  Female

Single  Married  Divorced  Widowed

Separated

Number of persons dependent on income: \_\_\_\_\_

Race: \_\_\_\_\_

Are you a U.S. citizen? \_\_\_\_\_

**Section II: Patient Medical Information**

Medical Condition(s): \_\_\_\_\_

Medications Needed (Include Dosages and Frequency): \_\_\_\_\_

\_\_\_\_\_

Allergies to Medicines: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Physician's Address \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

***Health Insurance Information***

Primary Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

Secondary Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

Do you have prescription coverage? " Yes " No

If YES, what is the cap amount? \_\_\_\_\_ Have you reached the cap? " Yes " No

Do you have a drug discount card? " Yes " No If YES, what company? \_\_\_\_\_

Do you have Medicaid? " Yes " No

Do you have Medicare? " Yes " No Number: \_\_\_\_\_

Are you eligible for veterans' benefits or workers compensation? " Yes " No

***Patient Medical Expenses***

	<b>MONTHLY EXPENSE</b>
Prescription Costs	\$ _____
Prescription Coverage Fees	\$ _____
Doctor/Provider Fees	\$ _____
Lab Fees	\$ _____
Other Medical Expenses	\$ _____

**Section III: Patient Income and Assets**

<b>GROSS MONTHLY INCOME:</b>			<b>ASSETS:</b>	<b>TOTAL \$ VALUE</b>	<b>MONTHLY INTEREST/EARNINGS FROM ASSETS</b>
	<b>PATIENT</b>	<b>SPOUSE/OTHER</b>			
Salary/Wages	\$ _____	\$ _____	Stocks/Bonds	\$ _____	\$ _____
Pension	\$ _____	\$ _____	CDs	\$ _____	\$ _____
Social Security	\$ _____	\$ _____	Savings Account	\$ _____	\$ _____
SSI (Supp. Income)	\$ _____	\$ _____	Checking Account	\$ _____	\$ _____
Disability	\$ _____	\$ _____	IRA	\$ _____	\$ _____
Unemployment	\$ _____	\$ _____	Annuities	\$ _____	\$ _____
Alimony/Child Support	\$ _____	\$ _____	Other (specify):	\$ _____	\$ _____
<b>TOTAL:</b>	\$ _____	\$ _____	<b>TOTAL:</b>	\$ _____	\$ _____

HealthRight Employee Name: \_\_\_\_\_

Initial Date Information Entered into RxAssist: \_\_\_/\_\_\_/\_\_\_\_\_

*Last Updated: 2/2/2003*



## Prescription Drug Assistance Program

### *HealthRight Rx Coversheet*

NAME: Example

DOB: --/--/----

DATE: --/--/----

***NOTE: All Signatures Must Be Originals (No Copies or Stamps)***

### **DRUG #1 – Prempro (0.625/2.5 mg) QD**

#### ***Novartis***

- Need Prescriber to Check Appropriate Specialty Box
- Need Prescriber's Signature and Date
- Need Prescriber's State License Number
- Need Patient's Signature and Date
- Need Prescriber to Fill out "**SECTION 3: PRODUCT INFORMATION**"
  - Sig (three-month supply)
- Mail in attached envelope to Wyeth

## **DRUG #2 – Synthroid 300mcg QD**

### ***KingKare Pharmaceuticals***

- Need Prescriber 's Professional Designation
- Need Prescriber's State License #
  
- Need Prescriber's DEA #
  
- Need Patient's Signature and Date
- Need Prescriber to Fill Out "PRESCRIPTION INFORMATION" Section
  - Strength
  - Sig
  - Prescriber's Signature
  - Date
- Enclose the following items in the attached envelope:
  - Completed Application
  - Financial Verification (Pension, W2)

## **DRUG #3 – Glucophage 500mg QD**

### ***Bristol-Myers Squibb Patient Assistance Foundation, Inc.***

- Need Patient's Signature and Date
- Need Prescriber's Signature and Date at Bottom
- Fax completed application to 1-800-736-1611



## **Prescription Drug Assistance Program**

### ***Medication Tracking Form***

**PATIENT NAME:** \_\_\_\_\_

**SSN:** \_\_\_\_ - \_\_\_\_ - \_\_\_\_\_

**DOB:** \_\_/\_\_/\_\_\_\_

**\*\*CROSS OUT FOR STOPPED AND UNAVAILABLE DRUGS\*\***

<b>MEDICATION</b>	<b>PROGRAM</b>	<b>DOSAGE/ FREQUENCY</b>	<b>DATE DELIVERED PROVIDER</b>	<b>REORDER DATE 1</b>	<b>REORDER DATE 2</b>	<b>REORDER DATE 3</b>	<b>DATE STOPPED</b>

**APPENDIX D**

Pilot Materials for Temple Health Connection



## HealthRight Rx Pilot

PILOT SITE: Temple Health Connection

UPDATED: 4/8/2003

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### General Information

#### *Temple Health Connection*

Address: 1035 West Berks Street, Philadelphia, PA 19122

Ph: 215.765.6690

Fax: 215.765.7694

#### *Operating Hours:*

Mondays, Tuesdays, and Thursdays: 9am to 5pm

Wednesdays: 9am to 6pm

Fridays: 9am to 1pm (Staff available to 5pm)

Saturdays and Sundays: Closed

***HealthRight, Inc.***

Address: 714 Market Street, 5<sup>th</sup> Floor Suite 597, Philadelphia, PA 19106

Ph: 215.413.8591

Fax: 215.413.8589

*Operating Hours:*

Mondays through Fridays: 9am to 5pm

Saturdays and Sundays: Closed

**Abbreviations**

***Initial Application form*** – HealthRight’s initial application form

***HR*** – HealthRight, Inc.

***Medication List form*** – A list of medications from a patient’s chart.

***PAP*** – Patient Assistance Program

***THC*** – Temple Health Connection

**Instructions for Enrolling a New Patient into HealthRight Rx**

1. THC staff initiates HealthRight Rx by identifying a patient who is a good candidate. The patient should fit into the following criteria:
  - a. uninsured or does not have prescription drug insurance coverage;
  - b. unable to pay for needed prescription drugs; and
  - c. requires a long-term supply of maintenance medications
2. Once a patient is identified, THC staff will affix a HR sticker to the patient’s medication list form found in the patient’s medical chart. The sticker will act as a future reminder that this patient is receiving prescription medications through HealthRight Rx.
3. THC staff will write the patient’s phone number in the space provided on the sticker and notify the patient that a HR representative will be contacting them about obtaining free medications. Please double-check the patient’s phone number because it is the sole method for HR to contact the patient.
4. THC staff will fax the medication list form with the affixed HR sticker and patient’s phone number to HR’s main office (HR Fax #: 215.413.8589).

5. HR staff will then call the patient. HR staff will first educate the patient about HealthRight Rx and Patient Assistance Programs (PAPs). Next, HR staff will complete HR's initial application with the patient over the phone to determine the patient's eligibility for PAPs. The initial application requires the following information (NOTE: It is *very* important to collect all the items on the initial application):
  - a. basic demographics and contact information;
  - b. medical conditions;
  - c. health insurance coverage;
  - d. health care expenses; and
  - e. complete financial information (assets and income).
6. From the information on the initial application, HR staff will check the eligibility of the patient for each medication on their THC medication list.
7. If patient is unable to receive any medication on their list through PAPs, HR staff will call THC to inform them. THC can then consider whether the patient is able to receive the medication through an alternative source or THC can consider changing the medication to one available through the PAPs (THC Phone #: 215.765.6690).
8. For medications that the patient is able to receive through PAPs, HR staff will complete the application.
9. HR staff will generate a cover sheet to inform THC staff of what they must do to complete the application (e.g. obtain signatures and extra documentation).
10. HR staff will then hand-deliver completed applications and cover sheet to THC every Tuesday.
11. HR staff will date and photocopy the application for the patient's HR file.
12. After THC receives the applications, THC staff will follow the instructions on the cover sheet regarding signatures and supporting documents.
13. THC staff will then mail the completed applications to the corresponding pharmaceutical companies.
14. Once the medications are received, THC staff will distribute them to the patient.
15. HR staff will start the reapplication process after the first 60 days, and then every 90 days thereafter, unless HR receives other instructions from THC to stop or change the patient's medications.

#### **Instructions for Adding and Stopping Medications (Includes Dosage Changes) for Patient's Enrolled in HealthRight Rx**

1. If a patient is enrolled in HealthRight Rx (has sticker on the medication list form) and needs a change in medications (addition, discontinuation, or dosage change), THC staff will update the medication list and fax it to HR (HR Fax #: 215.413.8589).
2. From the information on the initial application, HR staff will check the eligibility of the patient for each medication on their THC medication list.
3. If patient is unable to receive any medication on their list through PAPs, HR staff will call THC to inform them. THC can then consider whether the patient is able to receive the medication through an alternative source or THC can consider changing the medication to one available through the PAPs (THC Phone #: 215.765.6690).
4. For medications that the patient is able to receive through PAPs, HR staff will complete the application.
5. HR staff will generate a cover sheet to inform THC staff of what they must do to complete the application (e.g. obtain signatures and extra documentation).
6. HR staff will then hand-deliver completed applications and cover sheet to THC every Tuesday.
7. HR staff will date and photocopy the application for the patient's HR file.
8. After THC receives the applications, THC staff will follow the instructions on the cover sheet regarding signatures and supporting documents.
9. THC staff will then mail the completed applications to the corresponding pharmaceutical companies.
10. Once the medications are received, THC staff will distribute them to the patient.
11. HR staff will start the reapplication process after the first 60 days, and then every 90 days thereafter, unless HR receives other instructions from THC to stop or change the patient's medications.

#### **Instructions for Reapplying to the Patient Assistance Programs**

1. HR staff will start the reapplication process every 90 days unless HR receives other instructions from THC to stop or change the patient's medications.
2. From the information on the initial application, HR staff will recheck the eligibility of the patient for each medication on their THC medication list.
3. If patient is unable to receive any medication on their list through PAPs, HR staff will call THC to inform them. THC can then consider whether the patient is able to receive the medication through an alternative source or THC can consider changing the medication to one available through the PAPs (THC Phone #: 215.765.6690).
4. For medications that the patient is able to receive through PAPs, HR staff will complete the application.
5. HR staff will generate a cover sheet to inform THC staff of what they must do to complete the application (e.g. obtain signatures and extra documentation).
6. HR staff will then hand-deliver completed applications and cover sheet to THC every Tuesday.
7. HR staff will date and photocopy the application for the patient's HR file.
8. After THC receives the applications, THC staff will follow the instructions on the cover sheet regarding signatures and supporting documents.
9. THC staff will then mail the completed applications to the corresponding pharmaceutical companies.
10. Once the medications are received, THC staff will distribute them to the patient.
11. HR staff will check with the patient annually to record any changes on the patient's HR initial application form.

**HEALTHRIGHT RX STICKERS**

**FOR**

**TEMPLE HEALTH CONNECTION**

Example of a sheet of stickers Page 59

Example of stickers on a THC patient medication form Page 60

**HealthRight Rx Stickers for Temple Health Connection**



**This patient receives prescription medications through**

**HealthRight. When any changes are made to the medications, fax this sheet to (215) 413-8589.**

Phone: (215) 413-8591

**PATIENT PHONE:** \_\_\_\_\_



**This patient receives prescription medications through**

**HealthRight. When any changes are made to the medications, fax this sheet to (215) 413-8589.**

Phone: (215) 413-8591

**PATIENT PHONE:** \_\_\_\_\_



**This patient receives prescription medications through**

**HealthRight. When any changes are made to the medications, fax this sheet to (215) 413-8589.**

Phone: (215) 413-8591

**PATIENT PHONE:** \_\_\_\_\_

<<EXTERNAL INSERT>>

**THC FORM AND HR STICKER**

**APPENDIX E**

Pilot Materials for Eleventh Street



**HealthRight Rx Pilot**

PILOT SITE: Eleventh Street

UPDATED: 4/15/2003

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**General Information**

***Eleventh Street Family Health Services of Drexel University***

Address: 850 West 11<sup>th</sup> Street, Philadelphia, PA 19123

Ph: 215.769.1100

Fax: 215.769.1119

***HealthRight, Inc.***

Address: 714 Market Street, 5<sup>th</sup> Floor Suite 597, Philadelphia, PA 19106

Ph: 215.413.8591

Fax: 215.413.8589

**Abbreviations**

***Initial Application form*** – HealthRight’s initial application form

***HR*** – HealthRight, Inc.

***Medication List form*** – A list of medications from a patient’s chart.

***PAP*** – Patient Assistance Program

***Eleventh Street***– Eleventh Street Family Health Services

**Instructions for Enrolling a New Patient into HealthRight Rx**

1. Eleventh Street staff initiates HealthRight Rx by identifying a patient who is a good candidate. The patient should fit into the following criteria:
  - a. uninsured or does not have prescription drug insurance coverage;
  - b. unable to pay for needed prescription drugs; and
  - c. requires a long-term supply of maintenance medications
2. Once a patient is identified, Eleventh Street staff will refer the patient to the onsite HR representative.
3. The HR representative will first educate the patient about HealthRight Rx and Patient Assistance Programs (PAPs). Next, HR staff will complete HR’s initial application with the patient in person. The initial application requires the following information (NOTE: It is *very* important to collect all the items on the initial application):

- a. basic demographics and contact information;
  - b. medical conditions;
  - c. health insurance coverage;
  - d. health care expenses; and
  - e. complete financial information (assets and income).
4. HR staff will affix a HR sticker to the patient's medication list form found in the patient's medical chart. The sticker will act as a future reminder that this patient is receiving prescription medications through *HealthRight Rx*.
  5. From the information on the initial application, HR staff at the main office will check the eligibility of the patient for each medication on their Eleventh Street medication list.
  6. If patient is unable to receive any medication on their list through PAPs, HR staff will notify the staff at Eleventh Street. Eleventh Street can then consider whether the patient is able to receive the medication through an alternative source or Eleventh Street can consider changing the medication to one available through the PAPs (Eleventh Street Phone #: 215.769.1100).
  7. For medications that the patient is able to receive through PAPs, HR staff will complete the application.
  8. HR staff will generate a cover sheet indicating what the onsite HR representative must do to complete the application (e.g. obtain signatures and extra documentation).
  9. HR staff will then call the patient to set up an appointment with the patient at Eleventh Street. At this time, HR staff will also inform the patient what income verification materials they need to bring to the appointment.
  10. At the appointment, the onsite HR representative will complete the PAP applications.
  11. HR staff will date and photocopy the application for the patient's HR file.
  12. HR staff will then mail the completed applications to the corresponding pharmaceutical companies.
  13. Once the medications are received, Eleventh Street staff will distribute them to the patient.
  14. HR staff will start the reapplication process after the first 60 days, and then every 90 days thereafter, unless HR receives other instructions from Eleventh Street to stop or change the patient's medications.

### **Instructions for Adding and Stopping Medications (Includes Dosage Changes) for Patient's Enrolled in *HealthRight Rx***

1. If a patient is enrolled in *HealthRight Rx* (has sticker on the medication list form) and needs a change in medications (addition, discontinuation, or dosage change), Eleventh Street staff will update the medication list and fax it to HR (HR Fax #: 215.413.8589).
2. From the information on the initial application, HR staff will check the eligibility of the patient for each medication on their Eleventh Street medication list.
3. If patient is unable to receive any medication on their list through PAPs, HR staff will call Eleventh Street to inform them. Eleventh Street can then consider whether the patient is able to receive the medication through an alternative source or Eleventh Street can consider changing the medication to one available through the PAPs (Eleventh Street Phone #: 215.769.1100).
4. For medications that the patient is able to receive through PAPs, HR staff will complete the application.
5. HR staff will generate a cover sheet indicating what the onsite HR representative must do to complete the application (e.g. obtain signatures and extra documentation).
6. HR staff will then call the patient to set up an appointment with the patient at Eleventh Street. At this time, HR staff will also inform the patient what income verification materials they need to bring to the appointment.
7. At the appointment, the onsite HR representative will complete the PAP applications.
8. HR staff will date and photocopy the application for the patient's HR file.
9. HR staff will then mail the completed applications to the corresponding pharmaceutical companies.
10. Once the medications are received, Eleventh Street staff will distribute them to the patient.
11. HR staff will start the reapplication process after the first 60 days, and then every 90 days thereafter, unless HR receives other instructions from Eleventh

Street to stop or change the patient's medications.

### **Instructions for Reapplying to the Patient Assistance Programs**

1. HR staff will start the reapplication process every 90 days unless HR receives other instructions from Eleventh Street to stop or change the patient's medications.
2. From the information on the initial application, HR staff will recheck the eligibility of the patient for each medication on their Eleventh Street medication list.
3. If patient is unable to receive any medication on their list through PAPs, HR staff will call Eleventh Street to inform them. Eleventh Street can then consider whether the patient is able to receive the medication through an alternative source or Eleventh Street can consider changing the medication to one available through the PAPs (Eleventh Street Phone #: 215.769.1100).
4. For medications that the patient is able to receive through PAPs, HR staff will complete the application.
5. HR staff will generate a cover sheet indicating what the onsite HR representative must do to complete the application (e.g. obtain signatures and extra documentation).
6. HR staff will then call the patient to set up an appointment with the patient at Eleventh Street. At this time, HR staff will also inform the patient what income verification materials they need to bring to the appointment.
7. At the appointment, the onsite HR representative will complete the PAP applications.
8. HR staff will date and photocopy the application for the patient's HR file.
9. HR staff will then mail the completed applications to the corresponding pharmaceutical companies.
10. Once the medications are received, Eleventh Street staff will distribute them to the patient.
11. HR staff will check with the patient annually to record any changes on the patient's HR initial application form.